

Certificate of Fitness To Climb For Customers

TigerTechAdventures is a tourism operator offering to its customers ("Climbers") guided Tours over and through the construction of the Stratos Tower in Boonville, MO, in all weather conditions.

Medical clearance is required under certain circumstances prior to a customer being allowed to climb the Tower.

About the Tours

There are two different Tours ("Tours") – The ToTheTop Tour, and The Structural Tour. Climbers must be able to undertake the following to complete any of these Tours:

- moderate exertion requiring reasonable levels of fitness and strength
- ascend approximately 5,000 feet above sea level, walking approximately 2,300 feet (from Tour preparation at base through the special route around the tower) and
- remain standing for the entire experience, without access to seating

In addition to the above, characteristics for each of the climbs is as follows:

The ToTheTop Tour

- This is a 3½-hour experience that includes 50 minutes preparation, 2 hours on the Tower, and 40 minutes return and completion including 1,439 stairs (931 of these are widely spaced on the Tower's construction)
- The pace of walking is leisurely and includes regular rest stops throughout the duration of the Climb
- Climb 100 feet at the top via four consecutive 5-20' ladder sections with landings, and negotiate four similar ladders during the descent from the top

The Structural Tour

- This is a 3½-hour experience that includes 50 minutes preparation, 2 hours inside the Tower, and 40 minutes return and completion including 500 stairs and some tight spaces
- The pace of walking is leisurely and includes regular rest stops throughout the duration of the Climb
- No ladder climbing is required

Pregnancy

Climbs are available to expectant mothers with normal pregnancies, up to the end of the twenty fourth week. TigerTechAdventure does not offer Climbs to expectant mothers with medical complications that could affect their ability to complete the experience safely and comfortably. Medical complications may include but are not limited to severe morning sickness, high or low blood pressure, abnormal bleeding, and significant medical conditions such as diabetes, epilepsy and previous back injuries.

Pregnant customers must consult a medical practitioner before climbing, and TigerTechAdventures recommends that customers speak to their obstetrician or treating doctor. If this is not possible, TigerTechAdventures recommends that customers consult with a medical practitioner who can contact their treating doctor with any specific concerns.

Medical Conditions

Climbs are available to customers with well controlled medical conditions who either:

- do not display symptoms on exertion, or
- only display symptoms on very strenuous exertion

TigerTechAdventures asks customers not to climb if their health and safety, or that of other Climbers, would be put at risk by them taking part. Customers cannot take part in the Climb if they:

- have broken bones
- have undergone recent surgery
- have experienced a fit or seizure in the past 6 months
- register a blood-alcohol reading of 0.04% or higher during the compulsory breath test.
- have chest pain or shortness of breath

The following conditions may impact a customer's ability to take part in a Climb safely:

- all heart conditions (including high blood pressure)
- all respiratory conditions
- back, limb or joint injuries or conditions impacting stair climbing ability

- diabetes (if there is a risk of hypoglycemic episodes)
- vertigo, dizziness or loss of balance
- visual impairment (except wearing prescription glasses or contact lenses)
- learning conditions

Customers with significant medical conditions must consult a medical practitioner before climbing, and TigerTechAdventures recommends that customers speak to their specialist or treating doctor. If this is not possible TigerTechAdventures recommends that customers consult with a medical practitioner who can contact their treating doctor with any specific concerns.

Considerations

Other considerations for customers with medical conditions or expectant mothers with normal pregnancies are detailed below.

HEAT AND DEHYDRATION: During summer months (May to September), air temperatures in Boonville can be high. Drinking fountains are positioned before Climbers access the Towers and immediately afterwards (the time without water is dependent on the tour chosen – refer below). Pregnant Climbers or Climbers with medical conditions may be rescheduled at TigerTechAdventures’ discretion on days with exceptionally high temperatures.

TOILET FACILITIES: Toilet facilities are not available during a Climber’s time on the Bridge.

SLIPS, TRIPS AND FALLS: All Climbers are attached to a continuous static line via a belt, lanyard and attachment device. Climbers also carry equipment on the belt that weighs between 1 to 3 pounds. Pregnant Climbers wear additional braces that help support the belt. If a pregnant Climber slipped, tripped or fell along the Climb route, the expectant mother may experience a jerk delivered through the belt, which may result in maternal or fetal injury.

MEDICAL EMERGENCIES ON THE TOWER: Climb Leaders are trained to senior first-aid certificate level. Any medical attention beyond first aid is facilitated by emergency services (Ambulance Paramedics or Police Rescue).

INDUSTRIAL WORK ENVIRONMENT: Current air-monitoring and laboratory-test results are well below occupational guidelines and the ambient air-quality target, and indicate no significant source of lead in the atmosphere. Pregnant Climbers may be exposed to an extremely low to negligible risk of contact with lead in paint particles on their skin or in the air.

Doctor’s Recommendation (please check all relevant boxes)

Date of Proposed Tour _____

Patient’s Name _____

From the information provided by the patient and TigerTechAdventure, I confirm that the patient is:

- Fit to do The Structural Tour (no ladders, frequent rest stops, leisurely pace)
- Fit to do The ToTheTop Tour (ladders required, frequent rest stops, leisurely pace)
- Not fit for any Climb
- Not more than 20 weeks pregnant and is experiencing a normal pregnancy

Doctors Name _____

Doctors Address _____

Doctors Contact Number _____

Doctors Signature _____

Date _____

End date for patient’s _____

24th week of pregnancy (if relevant) _____

Climber’s confirmation

Please complete the form below and sign to confirm that you are aware of the known and potential risks involved in undertaking the Tour. Please bring this certificate with you on the day of your Tour. Be advised that even if a doctor certifies you are fit to climb, TigerTechAdventures reserves the right to decline participation, in which case you will be reimbursed for your Tour.

Climber’s Name _____

Climber’s Address _____

Climber’s Signature _____

Date _____

If you have any questions or would like any further information, please contact us at + 1 573-882-5555.

PRIVACY STATEMENT TigerTechAdventures understands that the information supplied in this document is personal and confidential. It will not be used for any marketing or promotional purposes, and will not be sold or distributed to any third party. After the Tour, this document will only be recovered for the purposes of confirming your participation or to defend any action. Queries in connection with this document should be addressed to the Privacy Officer, TigerTechAdventures, 123 Rock Street, Columbia MO 65211. University of Missouri, LLC (trading as TigerTechAdventures®, Columbia, MO)